



Worm Castings

Our happy worm castings (aka worm poop) are a nutrient-rich, natural fertilizer and soil conditioner for your garden, lawn and potted plants.

Our Process:

It all starts with a combination of moistened newspaper, shredded office paper and junk mail in our small scale bins (and bathtubs). On top of that we add our own food scraps, leftovers from a local restaurant and coffee grounds also from a local shop. Then the most important part – **Red Wiggler worms!**

The worms break down the scraps by eating and processing it all through their systems.

The Result:

Beautiful dark rich “black gold”! Our worm castings benefit soil by:

- Improving the soil’s structure and ability to promote root growth
- Enriching the soil with beneficial soil micro-organisms
- Attracting earthworms already present in the earth
- Improving soil’s capacity to hold water
- Fertilizing by enhancing germination, plant growth, and crop yield

How to use:

*You can use it as a top dressing on outdoor plants or sprinkle it on your lawn as a conditioner. For indoor plants, you can mix worm castings with potting soil. Use as much as you would like!